



The Sporty Little Penguins Series

Peter the Skier Activity Sheet

Name: _____

Date: _____

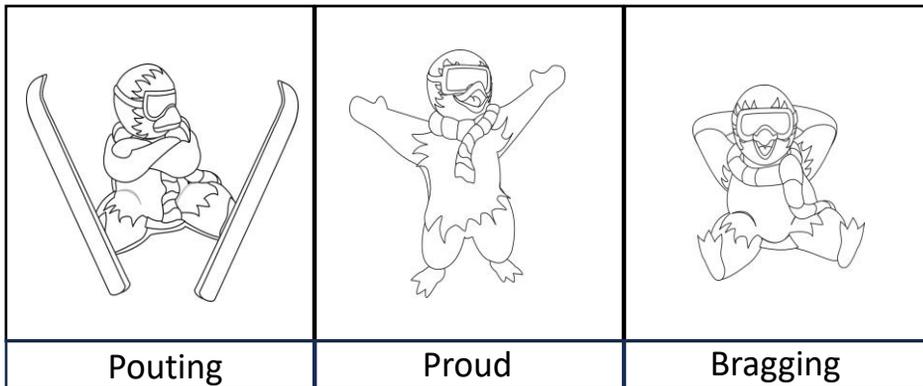
1. "Ski Slope Feelings" – Game

Topic: Identifying and expressing emotions with different attitudes.

What You Need: Cut out Peter's Emotion Cards to demonstrate (Pouting, Proud, and Bragging)
(Optional class project: Use tape or glue, to put onto a popsicle sticks for students to hold up)

How to Play:

Re-read the story. Ask: "How did Peter feel here?" or "What kind of attitude did Peter have?"
Let the kids hold up the Attitude or matching Emotion Card that goes with Peter's feelings.



Example Read Passage:

Passage 1

Peter looked outside and didn't think there was any hope.
He sighed with **disappointment** and started to mope.

What emotion does Peter show?

Sad or Pouting Card

Passage 2

Peter looked outside again when he heard the wind blowing.
He was so **surprised** to see that it was snowing!

Excited or Proud Card

Passage 3

Then Peter raced to the front of the line.
He yelled out, "They last one there will be left behind!"

Happy or Bragging Card

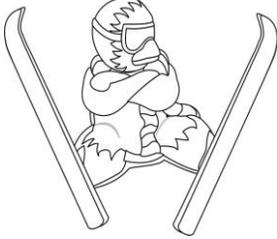
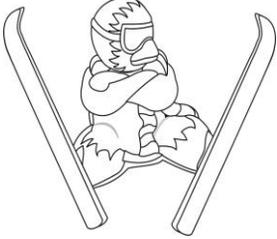
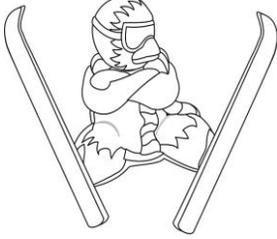
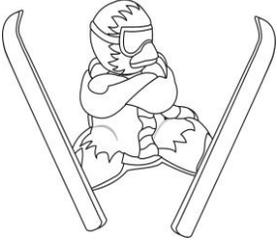


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“Ski Slope Feelings” – Game

4 more sets of Emotion Cards to print and cut out for a classroom

			
Pouting	Proud	Bragging	Pouting
			
Pouting	Proud	Bragging	Proud
			
Pouting	Proud	Bragging	Bragging



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Good Attitude / Bad Attitude Sorting Game

Topic: Understanding attitude and behavior

What You Need: Cut out the Phrases below.

How to Play: Draw 2 lines on a piece of paper and have the kids put the phrases in the **Good Attitude** or **Needs Work** section.

Optional: Find Pictures with different actions (e.g., "shares with a friend," "brags," "waits their turn," "pushes in line") Mix up the cards. And let the kids sort them by putting them into a **Good Attitude** or **Needs Work** box

Or have kids use **Thumbs Up** or **Thumbs down** for demonstrating the **Good** or **Bad Attitude**. Don't forget to discuss why each belongs in its place!

Good Attitude

I wait my turn.

I cheer for my friends.

I share my toys.

I help someone who falls.

I smile and have fun.

I stay calm when I lose.

I follow the rules.

I use kind words.

I say "Good job!" to others.

I try again when I make a mistake.

Needs Work

I push to be first.

I brag and say, "I'm the best!"

I get mad when I don't win.

I laugh when someone falls.

I said "You can't play with us."

I quit when things get hard.

I don't listen to my teacher.

I yell when I'm upset.

I break the rules on purpose.

I only want to play my way.



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4. Match the Action with the Attitude. Select the best answer

1. Looking on the bright side and not giving up.

- A) Positive Attitude B) Bossy Attitude C) Helpful Attitude

2. Being nice to others

- A) Thankful Attitude B) Selfish Attitude C) Kind Attitude

3. Offering to help without being asked

- A) Jealous Attitude B) Helpful Attitude C) Bragging Attitude

4. Saying “thank you” and being grateful.

- A) Thankful Attitude B) Positive Attitude C) Selfish Attitude

5. Being upset, complaining, or frowning a lot.

- A) Grumpy Attitude B) Bragging Attitude C) Encouraging Attitude

6. I’m the best”

- A) Bossy Attitude B) Bragging Attitude C) Kind Attitude

7. Telling others what to do all the time.

- A) Selfish Attitude B) Positive Attitude C) Bossy Attitude

8. Not sharing

- A) Selfish Attitude C) Bragging Attitude C) Jealous Attitude

9. Saying “You can do it!” or cheering for others.

- A) Encouraging Attitude B) Grumpy Attitude C) Selfish Attitude

10. Feeling upset when someone else wins

- A) Thankful Attitude B) Bragging Attitude C) Jealous Attitude